



REGIONE PIEMONTE

PIEMONTE SPORT
NEL CUORE DI OGNI SPORT

CITTA' DI VENARIA REALE

Ente di gestione delle aree protette dei PARCHI REALI

La Venaria Reale

WORLD ATHLETICS

atletica italiana

FEDERAZIONE ITALIANA DI ATLETICA LEGGERA
Comitato Regionale PIEMONTE
FEDERAZIONE ITALIANA DI ATLETICA LEGGERA
Comitato Provinciale TORINO

CROSS LA MANDRIA INTERNATIONAL two thousand25

REGIONE PIEMONTE

CROSS LA MANDRIA

INTERNATIONAL
two thousand25

Sunday, January 19
La Mandria Regional Park | Venaria Reale (Turin)



La Mandria International Cross

Event valid for the promotional, youth, absolute and master categories for the Province of Turin

Sunday 19 January 2025

La Mandria Regional Park | Venaria Reale (To)

RULES AND INFORMATIONS

The A.S.D Atletica Venaria Reale in collaboration with A.S.D. Durban Gas Energy Rivarolo 77 with the support of the La Mandria training center, the Department of Sport of the Piedmont Region, the Metropolitan City of Turin, the Municipality of Venaria Reale, the La Mandria Natural Park Authority of Venaria Reale and Venaria Reale, organizes on **Sunday 19 January 2025** an international cross-country race called "**Cross La Mandria International**", included in the FIDAL National Calendar, in the World Athletics Circuit and in the interregional circuit "**DODECARUN**", as the first event.

In this context, the **PROVINCIAL CROSS CHAMPIONSHIP "FIDAL TORINO"** will also be included for all categories and it will be a unique opportunity for young people from the capital and surrounding areas to see many champions run.

PARTICIPATION REQUIREMENTS

According to the provisions of the "Rules for the Organization of Non-Stadia Events" issued by FIDAL, athletes registered in Italy can participate, limited to persons aged 16 years and over (one thousandth of age) in possession of one of the following requirements

Athletes registered for 2025 for companies affiliated with FIDAL, Italian and foreign athletes in possession of Runcard (valid as sports insurance and permission to compete) and Athletes registered with a Sports Promotion Body (Athletics Section), in possession of Runcard-EPS, limited to persons aged 20 years in possession of a valid medical certificate of fitness for competitive athletics, which must be delivered, even digitally, to the organizing companies of each event.

Italian/foreign athletes not registered in Italy in possession of a membership card from clubs affiliated with Foreign Athletics Federations recognized by the WA. At the time of registration, they must alternatively present the self-certification of possession of the card recognized by World Athletics. The self-certification must then, in any case, be signed in original when collecting the bib.

ATHLETES WITH STROLLER

They are not admitted due to the peculiarities of the course.

ELITE ATHLETES

All participating athletes are considered elite (Rule 100 R.T.I)

BIBS COLLECTION (provisional times and dates)

Bibs will be collected at the Castello della Mandria (entrance gate Ponte Verde, Parco La Mandria, in viale Carlo Emanuele II 257) on Saturday 18 January 2025 from 3:00 pm to 5:00 pm and Sunday 19 January 2025 from 7.30 am until two hours before your race.

REGISTRATIONS, TIMING AND RANKINGS

Registrations via IRUNNING must be sent by 12:00 on Thursday 16 January 2025,

Registrations and timing will be handled by IRUNNING and will be carried out via active/passive chip; they are validated by the Technical Delegate Judge/Appeal Judge.

REGISTRATION COST

The cost of registering for the race is €2 for the categories Beginners / €3 Boys - Cadets and €8 for the categories Students and Juniors.

The absolute and masters will pay a fee of € 12, of which € 3 will be for the DODECARUN circuit (even the registration alone will bring points in the final ranking)

The fee can be paid to: c/c of the La Mandria International Cross Committee

Iban IT56C0304801002000000085839

COMPLAINTS

Any complaints must be presented in compliance with the rules of FIDAL and R.T.I.

FINAL WARNINGS

The Organizing Committee reserves the right to modify these regulations at any time for reasons it deems appropriate for a better organization of the race, after having communicated and obtained approval from FIDAL. For anything not provided for in these regulations, the technical statutory rules of FIDAL and G.G.G. apply. Any changes to services, locations and times will be duly communicated to registered athletes or will be reported on the website www.fidal.it, furthermore the documentation containing the essential information for taking part in the race will be delivered by the organization together with the bib.



INFORMATION AND CONTACTS

Website: www.lamandria-cross.org

info: lamandria.cross@gmail.com

social: Cross La Mandria

Organizational contacts:

Elisabetta Artuso / Tel. 347 579 5971 / E-mail: elisabettaartuso74@gmail.com

Gaetano Antonio Favarò / Tel. 347 820 0062 / E-mail: fga6619@gmail.com

RACE PROGRAM AND TIME

Judges and competitors meeting:
from 7.30 A.M (Prato pascolo area)

MASTERm/f (1st Trial of the Fidal Torino cross Championship)

9.20 am - Male Master MM 35-40-45-50-55 and over - mt. 8,000

10:00 am - Women's Masters (all age groups) - 6,000 m

BEGINNERS (1st Round of the Cross Country Beginners' Grand Prix)

11:00 am - All categories

EM/EF 6 - 400 m

EM/EF 8 - 400 m

EM/EF 10 - 800 m

BOYS/GIRLS (1st round of the Fidal Torino club championship)

CADETS/CADETS (1st round of the Fidal Torino club championship)

1:15 pm - Girls - 1,000 m

Followed by - Boys - 1,000 m

1:35 pm - Cadets - 2,000 m

Followed by - Cadets - 2,000 m

STUDENTS/PUPILS

2:00 pm - Students - 4,000 m

Followed by - Students - 2,000 m 4,000

ABSOLUTE - LONG CROSS

11:30 am - 3rd International La Mandria Cross- Promising/Senior/Junior International Women - 6,000 m

12:00 pm - 3rd International La Mandria Cross - Promising/Senior International Men - 6,000 m 8000

PRIZE MONEY International La Mandria Cross

Senior Male/Female prizes

1st STAR-SHAPED MEDAL WITH GOLD AND DIAMONDS + € 800.00

+ local products

2nd € 600.00 + local products

3rd € 400.00 + local products

Note: the cash prizes will be paid in accordance with the methods set out in the recent reform on sports work and according to the indications included in the ministerial circular to be published soon, with particular reference to the verification of the obligation to apply a withholding tax on the total amount as a final tax.

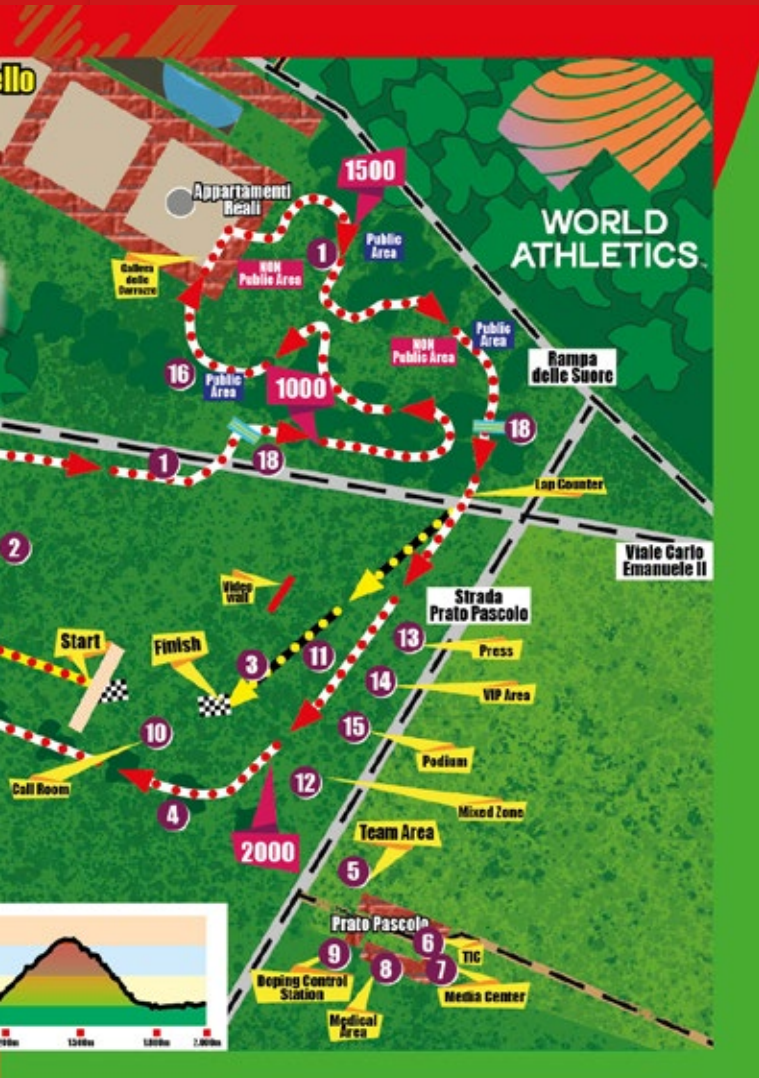
Youth Categories: Various Prizes / Medal for all

MASTER. Non cash prizes for the first three classified

RACE PACK WORTH €15 WITH LOCAL TYPICAL PRODUCTS:

for the first 300 registered masters who collect their bib.

WELCOME BAG WITH PRODUCT: for all youth and absolute categories





How to get to the La Mandria Regional Natural Park

Air connections

Turin's international airport is "Sandro Pertini", located in Strada San Maurizio 12 in Caselle Torinese. It is just 10 km from La Mandria Park, connected by dedicated shuttle services, public buses and the Turin-Ceres railway line.

Road connections

For those coming from the Aosta Valley (A5), Lombardy (A4 and A21), Liguria (A26-A21 and A6), France (A32) or the rest of Piedmont, each of the motorways connects to the Turin ring road (A55) and the relative Venaria Reale exit.

In the city, take Corso Garibaldi, Via Giuseppe Cavallo and, after crossing the bridge over the Ceronda river, shortly after you come across the roundabout that leads to the Reggia and in Mandria, at the end of Viale Carlo Emanuele II.

Transports to Venaria and La Mandria

The dedicated GTT Venaria Express line is a shuttle that connects the center of Turin and the Porta Susa station with the Reggia di Venaria and La Mandria Park every day.

GTT connects the cities with other buses thanks to lines 72, 11 and VE1.

Parking near the "Ponte Verde" (that is entrance of the Park, coming from Venaria), Viale Carlo Emanuele II°.

